

A Publication of the Culpeper County Board of Supervisors

Issue 9 FALL 2002

A Message from the Board of Supervisors

This is the ninth issue of the Culpeper Minutes newsletter. As you read it, summer is quickly drawing to a close, and soon the children will be back in school. This fall will see the opening of a new middle school, Floyd T. Binns, which should be a source of pride to the entire community. With the arrival of the fall season, the anniversary of September 11th will weigh heavily on our hearts. Once again, Americans have shown that by working together we can overcome adversity and meet any challenge.

The County of Culpeper and its citizens have met many challenges over the past year, and we will certainly continue to do so. On the financial side, we have succeeded in obtaining significant funding assistance for several projects. VDOT Recreational Access funds have been obtained in the amount of \$274,500 for road improvements associated with access to the Culpeper Community Sports Complex. Over four million dollars in State and Federal funds are expected to complete a runway extension and other major improvements at the Culpeper Regional Airport. Both of these grants require only minimal County funding shares.

The Board of Supervisors will continue to work diligently to serve you as efficiently as possible. Your suggestions and comments are not only welcomed, but encouraged. Please feel free to call any Board member with your concerns.

For the Board.

John F. Coates, Chairman Salem District

Steven L. Walker, Vice Chairman East Fairfax

William C. Chase, Jr. Stevensburg

Sue D. Hansohn Catalpa

James C. Lee Cedar Mountain Brad C. Rosenberger

Jefferson

Carolyn S. Smith West Fairfax

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News from Your Administration

Maintaining the Connection... by Susanne Taylor, Human Resources Manager

In Human Resources, the task is always to find the best way to effectively maximize the performance of our most valued asset - - our people. involves a merging, or at least a balancing, of employee and employer interests in search of the most mutually beneficial way of providing the excellent level of service expected by the citizenry of Culpeper County. For the most part, quantifying this endeavor is difficult, as the human element is ever changing. This year, however, the Directors of Finance for the County government and the schools, the County Administrator, the Human Resources Director for the schools and I, were able to accomplish a significant savings over projected increases in health insurance benefits for government and school employees.

Our insurance carrier, of six years, first projected an increase of approximately 33% over last year's figures. This increase was to be based on claims experience, administrative overhead and "trends". This year, "trends" was to be the force driving all itypes of insurance, including medical,

due to the costs ensuing from the terrorist bombings and anthrax infections. This figure was stated to be 15% by several sources. Upon hearing these projections, the government and schools began the dialog resulting in a consolidation for group insurance purposes, and utilized the services of Marsh USA, Inc., an insurance consulting and brokerage firm already under contract with the school system.

Information was provided to Marsh, and a Request For Proposals was issued for carrier bids. Bidders were told to provide their best numbers, as the time frame was tight. A group of carriers identified themselves as interested and provided numbers. As expected, the estimates of projected increases started to come down. Suddenly, the experience for the respective groups was deemed to be better than it had been when our carrier had first issued its renewal estimate, and their figures came down

A flurry of activity ensued, but when the dust settled and the smoke cleared, Trigon's Key Care 100 plan provided the best benefit for the employees at the lowest increase over the previous year.

From an initial 33% projection, the actual increase over last year was between 17% and 18%. It should be noted, however, that a 17% increase is still quite a sum of money for employees paying for dependent coverage. Salary increases were limited to 2% for the upcoming year. The County is not significantly increasing the number of employees; we are definitely doing more with less.

On June 5th, the County Administrator was told by our former carrier that the County could not accomplish a complete open enrollment for a new carrier in less than 30 days. When he reported this to the rest of us, our response was an unspoken, "just watch us." Our first benefit meeting with employees occurred three days after the Board of Supervisors approved the plan on June 4, 2002. With the extraordinary cooperation of our staff, Carol McGowan and Patsy Ellett of Marsh, Inc., and Margaret Glick of Trigon, we accomplished our open enrollment goal in 20 days.

County Offices Move to New Location by Lori Gross

Renovations of County office space located at 155 West Davis Street began in November of 2001. With the completion of the renovations in May of 2002, several County departments have relocated their offices to this building.

Please make note of the new addresses for the following departments. Feel free to stop by and visit these offices at their new locations!

Crime Victim's Assistance Program

(540) 727-3413 Mark Nowacki-Director New Address: 101 S. West Street, Suite 300

Criminal Justice Services

(540) 727-3450 Andrew Lawson – Director New Address: 155 W. Davis Street, Suite 200

Emergency Services Department/ Fire and Rescue

(540) 727-3411 Tom Williams – Director New Address: 155 W. Davis Street, Suite 100

Parks and Recreation

(540) 727-3412 John Barrett – Director New Address: 155 W. Davis Street, Suite 100

Youth Services Network

(540) 727-3414

Margie Messick - Coordinator

New Address:

101 S. West Street, Suite 300

BOARD OF SUPERVISORS ADOPTS ENTRANCE CORRIDOR OVERLAY DISTRICT

On June 4, 2002, the Board of Supervisors adopted a new Article, Article 30 – Entrance Corridor Overlay District, into the County Zoning Ordinance. The Ordinance became effective on July 4, 2002. The district is in effect along all of the County's primary roads (Routes 211, 229, 522, 15, 15-29 Business, and 3) as well as secondary Routes 614 and 615. Parcels of land which adjoin these roads, and any building within 500 feet of these roads, will be impacted. The ordinance applies only to commercial, industrial, multi-family, and other buildings which require site plan approval. Single-family residential and agricultural structures are exempt. The intent of the ordinance reads as follows:

The entrance corridor overlay district is intended to implement the comprehensive plan goal of protecting the County's natural, scenic and historic, architectural and cultural resources including preservation of natural and scenic resources as the same may serve this purpose; to ensure a quality of development compatible with these resources through architectural control of development; to stabilize and improve property values; to protect and enhance the County's attractiveness to tourists and other visitors; to sustain and enhance the economic benefits accruing to the County from tourism; to support and stimulate complimentary development appropriate to the prominence afforded properties deemed to be of historic, architectural or cultural significance, all of the foregoing to be balanced with the economic realities of development, and being deemed to advance and promote the public health, safety and welfare of the citizens of Culpeper County and visitors thereto.

The Ordinance will be implemented by an Architectural Review Board (ARB). Until appointed by the Board of Supervisors, the Culpeper County Planning Commission will fill the role of the ARB.

Questions about this ordinance may be directed to John Egertson, Planning Director, (540)727-3404, jegertson@co.culpeper.va.us.

Culpeper County Board of Supervisors

To contact your Supervisor, you may email: supervisors@co.culpeper.va.us or call the County Administration Office at 727-3427, or call directly as follows:

Chair

John F. Coates 547-2619

Salem District

Vice Chair Steven L. Walker 825-7716

East Fairfax District

William C. Chase, Jr. 399-1218

Stevensburg District

Sue D. Hansohn 825-1893

East Fairfax District

James C. Lee 825-0775

Cedar Mountain District

Brad C. Rosenberger 937-4928

Jefferson District

Carolyn S. Smith 825-6295

West Fairfax District

The Board meets the 1st Tuesday of each month 10 a.m.

General County Business

7 p.m.
Public Forum
Planning Business
Public Hearings

Agendas are available prior to Board Meetings on the County Web site at www.culpepercounty.gov and in the Culpeper Star-Exponent.



Culpeper County Sheriff's Office

By: Sheriff H. Lee Hart

It has been a very busy time for us here at the Culpeper Sheriff's Office. We have recently completed security for the High School Graduation and Culpeper Fest and



appreciate all the positive comments about our efforts to provide a safe environment for our citizens. The tractor pull is soon approaching, and I am hoping it too will be successful. I would like to take this time to let all the citizens know that our Office is continuing a higher visibility and vigilance since September 11th. Many thanks go out to the citizens for their support during this difficult time in our country.

I would like to congratulate those deputies who have completed training in the last few months. Newly appointed Investigator Justin Brown and Inv. Steve St. Clair both completed Basic Investigator School in Fairfax and the Reid School of Interview and Interrogations in Fredericksburg, The Reid School is a nationally acclaimed school for investigators. Also, congratulations need to be extended to

Deputy Bernie Feaganes for completing Police Bicycle Basic Training. I would also like to congratulate Deputy Maria Amilpa for graduating from Jail Officer Basic. Deputies Derek Emmel, Larry Terry, Jason Compton, Ana Ortiz-Bell, Leilani Stanley, and Robert Hefner also completed Law Enforcement Basic Training. Deputy Hefner has also just completed School Resource Officer Basic.

The Sheriff's Quarterly Report took place on July 10th at the Culpeper County Library. I would like to thank everyone who attended. The next quarterly report will be in Sept., and details will be announced at a later date.



Meet Mrs. Betty Hall

Mrs. Betty Hall joined the Sheriff's Office in Sept. of 1997 as the Investigations Division Secretary and Clerk. When the Town and County joined to make the joint records division, she became the Records Manager. After that she took her current position as Secretary for the Criminal Investigations Division. Before coming to the Sheriff's Office she worked for thriteen years as a Data Entry Clerk at Quarles Petroleum of Warrenton. She loves her job here at the Sheriff's Office and states, "I feel very fortunate to work with such a great group of people." She is married to Henry W. Hall Jr., owner of Hall's Auto Salon. She has one daughter, Rebecca, and two stepchildren, Chrissy and Jonathan. Betty also has 4 special grandchildren.

Deputy receives H.E.A.T. Law Enforcement Officer Award

Deputy Thomas Buckley received third place in Division II for the state of Virginia H.E.A.T.- L.E.O.(Law Enforcement Officer) Award for 2001. H.E.A.T. stands for Help Eliminate Auto Theft. Each year H.E.A.T. recognizes Officers for outstanding achievement in reducing auto theft. We are very proud of Deputy Buckley for this achievement.



From Your Commissioner of the Revenue

By Terry L. Yowell

You may notice some changes in your personal property tax assessment this year.

In past years, utility, boat and horse trailers were assessed at a flat value of 50% of cost. This method does not represent a true fair market value. In order to create a more fair and equitable assessed value, these trailers will now be assessed using the same depreciation scale as large trucks, tractors and tractor-trailers.

Vehicles in this category will be assessed at 70% of their cost in the first year of ownership. Thereafter, the percentage of cost used to assess these vehicles will decrease by 10% each year until the minimum of 10% of cost or \$200.

Some folks may see a slight change in the assessed value of passenger vehicles manufactured between 1983 and 2001. This assessment year, The National Automobile Dealer Association (NADA) will be conducting a computerized assessment, which will accurately identify each individual vehicle based on the vehicle identification (VIN) number.

This valuation method is used by Commissioners of the Revenue throughout the State of Virginia. In an effort to become more uniform with other Virginia localities and to provide every citizen with a fair and equitable assessment, I will be using this identification valuation method as well. This is a much more efficient and accurate method of assessing the value of your passenger vehicle.

In past years, current year vehicles owned on or before January 1 of that tax year have been assessed at **100%** of cost. This year (2002) I, along with many other Commissioners throughout the State of Virginia, will be assessing current model year vehicles (2002) owned on or before January 1, 2002 at **90%** of cost.

Lastly, in the past boats were manually assessed using limited information. This year, Vessel Valuation Services Inc. (VVS) will be assessing boats and outboard motors. Automated Valuations will be provided by VVS using the ABOS Marine Blue Book, a nationally recognized pricing guide, along with the boat and motor identification number.

This will result in a more fair and equitable valuation.



and A Reminder...

Blue Ridge Appraisal Company, LLC, will be performing the General Reassessment of Real Estate for Culpeper County, to be effective January 1, 2003. The collection of data for assessing land and improvements (any structure located on raw land) will be conducted during the year 2002.

Representatives from Blue Ridge Appraisal Company, LLC, will each have a Culpeper County identification badge, and the Culpeper County seal will be clearly displayed on the doors of each vehicle.

If you have any questions, please do not hesitate to contact me at

540-727-3443 or

tyowell@co.culpeper.va.us

4-H Congress by Carl C. Stafford, Extension Agent

For the first time in my 17 years as an Extension Agent, I attended 4-H Congress, an annual education and competition driven gathering of the best and brightest 4-H youth in Virginia.

Each June the Virginia Tech campus at Blacksburg is host to 4-H Congress, this year attended by over 800 youths from across Virginia including the Culpeper delegation of 10 individuals: Kelly Carter, C.J. Crook, Daniel Ducket, Will Flathers, Kristin Frazier, Molly Hibl, Jessica and Virginia Mills, Nancy Pannill and Kendall Whitt. Joining our youth delegation were adult leaders Beverly Burton, Phyllis Inskeep and Roger Suder.

Medal winners in the Presentation Contest were: Kelly Carter – gold, Will Flathers – gold, Daniel Ducket – silver and C.J. Crook – bronze. Roger Suder was recognized for his 20 plus years of outstanding volunteer service to 4-H Congress.

4-H All Stars were tapped in at a ceremony near the duck pond there on campus including 3 new inductees from Culpeper: Will Flathers, Katie Wise and Kendall Whitt. They join fellow All Stars in this honor at the very top of 4-H.

If you have been involved in 4-H, you know first hand that this is an important youth development program with impacts felt throughout our greater community. The Director of Extension, Dr. Dave Barrett, speaking at the opening ceremony to 4-H

Congress, described the position of 4-H in Virginia as its number one youth program with over 100,000 youth participating statewide.

Why are we here? Ultimately for the results we see in our youth, this is the bottom line of 4-H. Youth who participate in this Extension program are able to develop leadership, speaking skills, confidence, and relationships with others as they go on to lead and impact on their community in the present and the future.

These and many others are results I witnessed while at 4-H Congress June 18 – 21, 2002. It seems there is no better use of Virginia Cooperative Extension resources than to work with our communities' youth, as they are our future.

From the Culpeper Department of Economic Development

By Carl Sachs, Director of Economic Development

What is Economic Development?

When people think about economic development, they usually think about attracting a new industry or business to their community. We have all seen the news releases about XYZ Company announcing plans to invest millions of dollars into a new plant location and create hundreds, if not thousands, of new jobs. Certainly, new business recruitment and placement is a very important part of economic development. This is true whether the economy is expanding and numerous businesses are looking for new locations, or when the economy is in a slump and only those businesses that are somewhat insulated from the slow down are looking for new locations. That's the paradox about economic development. When the economy is riding high, communities want to get their fair share of new businesses, and if the economy goes sour, finding new investment, jobs and tax sources becomes critical.

In addition to business recruitment there is a second form of economic development that can't be overlooked or neglected. Business retention is as important as business recruitment to economic development. Business retention does not get the press coverage or attention that business recruitment does, but it should. Each year on a national scale, more investment is made, and more jobs are created, as a result of growth within existing businesses than by new business ventures. Because marketing is a key tool in business recruitment, and because an effective marketing program is expensive, economic development through existing business expansion is far less expensive and more efficient.

There are other benefits of business retention. Expansion of an existing business generally has less of an impact on public infrastructure and the natural environment than does new stand-alone construction. CEO's and managers of

existing businesses, if satisfied with their present location, can be the community's ambassadors in business recruitment. They can relate their positive experience in the community with the CEO's and managers of businesses that are considering the community as a new They also market the location. community by discussing their location with their peers at trade shows, conferences and conventions. Finally, in this age of "just in time delivery", businesses that produce or supply goods, and businesses that use or consume the same goods, may find it advantagous to locate in the same area.

Economic development, in its basic form therefore, consists of both attracting new businesses to a community and keeping the businesses that are already in the community. To ignore one or the other would result in an economic development program that is not as strong as it should be.

What is Economic Development? Part 2

Traditionally, economic development focused on "value added" manufacturing, especially of durable goods, as a primary goal. A raw material goes in one door, and a finished or semi-finished product comes out another door.

The difference in value between the raw material and the finished product (the value added) represents the profits to the owners and the wages to the workers. These profits and wages are then spent on housing, food, transportation, clothing and all of the other necessities of life. What is left over is called discretionary income, and this can be invested or saved, used for recreational and leisure time activities or spent however one wants.

The important thing here is that the money came from the value added by the manufacturing process, and that money provides income through the sales of goods and services to other individuals. These individuals, who first benefited from the wages of the manufacturer

workers, in turn buy goods and services from other businesses, and so on.

This revolving of money is called the "multiplier effect". In most local economies, one dollar earned by a value added process multiplies two and a half times. That dollar will stay in the local economy until it is spent outside of the local economy. The more types of goods and services a community has, and the more inclined people are to shop locally will determine the extent of the multiplication of the value added dollars. There are a number of examples of value added processes that originate income. Building a house is added value. Agriculture is a valued added industry. Today, many high-tech companies are value added businesses. Indeed, today the distinction of what is value added and what is not is not always easy to see. Nevertheless, for a local economy to be strong, it must have a source of value added dollars and a full range of goods and services to capture and multiply those dollars.

There is another source of income that behaves very much like value added manufacturing. Tourism is a source of the "first dollar". The first dollar is the income earned somewhere else and spent in the local community. The source of the money spent by the tourist doesn't matter. It's new money to the community's economy, and it acts the same as does value added income. The local community circulates the new money under the multiplier effect.

There are a number of different kinds of businesses that are not directly impacted by tourism. Tourists rarely buy new shoes or go to the dry cleaners, for example. But, the employees of the businesses that are directly impacted by tourism do. So, as the money circulates and multiplies, eventually every business is impacted - either directly or indirectly.

It's important to remember that the longer the money is circulated in the local economy, the more it multiplies, and the stronger the local economy becomes. A more convincing argument to shop and buy locally might be difficult to find.

Advice from the Department of Emergency Services

www.culpepercounty.gov/EMS 540-727-3411

Thunderstorms and Lightning

Submitted by: E. Thomas Williams, Director of Emergency Services

- 1. Thunderstorms can bring heavy rains (which can cause flash flooding), strong winds, hail, lightning and tornadoes. In a severe thunderstorm, get inside a sturdy building and stay tuned to a battery-operated radio for weather information.
- 2. Lightning is a major threat during a thunderstorm. In the United States, 75 to 100 Americans are hit and killed each year by lightning. If you are caught outdoors, avoid natural lightning rods such as tall, isolated trees in an open area, or the top of a hill, and metal objects such as wire fences, golf clubs and metal tools.
- 3. It is a myth that lightning never strikes twice in the same place. In fact, lightning will strike several times in the same place in the course of one discharge.

DANGER ZONES

While thunderstorms and lightning can be found throughout the United States, they are most likely to occur in the central and southern states. The state with the highest number of thunderstorm days is Florida.

WHAT IS A THUNDERSTORM?

A thunderstorm is formed from a combination of moisture, rapidly rising warm air and a force capable of lifting air, such as a warm or cold front, a sea breeze or a mountain. All thunderstorms contain lightning.

Thunderstorms may occur singly, in clusters, or in lines. Thus, it is possible for several thunderstorms to affect one location in the course of a few hours. Some of the most severe weather occurs when a single thunderstorm affects one location for an extended time.

WHAT IS LIGHTNING?

Lightning is an electrical discharge that results from the buildup of positive and negative charges within a thunderstorm. When the buildup becomes strong enough, lightning appears as a "bolt". This flash of light usually occurs within the clouds or between the clouds and the ground. A bolt of lightning reaches a temperature approaching 50,000 degrees Fahrenheit in a split second. The rapid heating and cooling of air near the lightning causes thunder.

DID YOU KNOW...

- At any given moment, nearly 1,800 thunderstorms are in progress over the surface of the earth.
- On average, the United States gets 100,000 thunderstorms each year. Approximately 1,000 tornadoes develop from these storms.
- Large hail results in nearly \$1 billion in damage to property and crops.



- The power of lightning's electrical charge and intense heat can electrocute on contact, split trees, ignite fires and cause electrical failures
- More deaths from lightning occur on the East Coast. More forest fires are started in the West, as the lightning season coincides with the dry season there.
- Approximately 10,000 forest fires are started each year by lightning.
- Approximately \$100 million in annual losses result from forest and building fires caused by lightning.
- Straight-line winds exceeding 100 mph are responsible for most thunderstorm damage.

Advice from the Department of Emergency Services Prepare for Disasters Before they Happen

Submitted by: E. Thomas Williams, Director of Emergency Services

Are You Ready for a Heat Wave?

Here's what you can do to prepare yourself and your family.

Know What These Terms Mean...

- **Heat wave**: Prolonged period of excessive heat and humidity. The National Weather Service steps up its procedures to alert the public during these periods of excessive heat and humidity.
- **Heat index**: A number, in degrees Fahrenheit, that tells how hot it really feels when relative humidity is added to the actual air temperature. Exposure to full sunshine can increase the heat index by 15F.
- **Heat cramps**: Heat cramps are muscular pains and spasms due to heavy exertion. They usually involve the abdominal muscles or legs. It is generally thought that the loss of water from heavy sweating causes the cramps.
- Heat exhaustion: Heat exhaustion typically occurs when people exercise heavily or work in a warm humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to decrease to the vital organs. This results in a mild form of shock. If not treated, the victim's condition will worsen. Body temperature will keep rising, and the victim may suffer heat stroke.
- Heat stroke: Heat stroke is lifethreatening! The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly.
- **Sunstroke:** Another term for heat stroke.

If a Heat Wave Is Predicted or Happening...

- Slow down. Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 a.m. and 7 a.m.
- Stay indoors as much as possible. If air conditioning is not available, stay on the lowest floor, out of the sunshine. Remember, electric fans do not cool the air, but they do help sweat evaporate, which cools your body.
- Wear lightweight, light-colored clothing. Light colors will reflect away some of the sun's energy.
- Drink plenty of water regularly and often. Your body needs water to keep cool.
- Drink plenty of fluids even if you do not feel thirsty.
- Water is the safest liquid to drink during heat emergencies. Avoid drinks with alcohol or caffeine in them. They can make you feel good briefly, but make the heat's effects on your body worse. This is especially true about beer, which actually dehydrates the body.
- Eat small meals and eat more often. Avoid foods that are high in protein, which increase metabolic heat.
- Avoid using salt tablets unless directed to do so by a physician.

Signals of Heat Emergencies...

- Heat exhaustion: Cool, moist, pale or flushed skin; heavy sweating; headache; nausea or vomiting; dizziness; and exhaustion. Body temperature will be near normal.
- **Heat stroke**: Hot, red skin; changes in consciousness; rapid, weak pulse; and rapid, shallow breathing. Body temperature can be

very high - sometimes as high as 105F. If the person was sweating from heavy work or exercise, skin may be wet; otherwise, it will feel dry.

Treatment of Heat Emergencies...

- Heat cramps: Get the person to a cooler place and have him or her rest in a comfortable position. Lightly stretch the affected muscle and replenish fluids. Give a half glass of cool water every 15 minutes. Electrolyte replacement fluids should be diluted, by at least half, with water. Do not give liquids with alcohol or caffeine in them, as they can make conditions worse.
- Heat exhaustion: Get the person out of the heat and into a cooler place. Remove or loosen tight clothing and apply cool, wet cloths, such as towels or sheets. If the person is conscious, give cool water to drink. Make sure the person drinks slowly. Give a half glass of cool water every 15 minutes. Do not give liquids that contain alcohol or caffeine. Let the victim rest in a comfortable position, and watch carefully for changes in his or her condition.
- Heat stroke: Heat stroke is a lifethreatening situation! Help is needed fast. Call 9-1-1 or your local emergency number. Move the person to a cooler place. Quickly cool the body. Immerse victim in a cool bath, or wrap wet sheets around the body and fan it. Watch for signals of breathing problems. Keep the person lying down and continue to cool the body any way you can. If the victim refuses water, is vomiting, or there are changes in the level of consciousness, do not give anything to eat or drink.

For additional information please contact Culpeper County Office of Emergency Services at 540-727-3411 or e-mail to: Twilliams@co.culpeper.va.us

Culpeper Harvest Days Farm Tour 2002

by Missy Dinkens

Falling leaves, homemade cider and grinning pumpkins announce the onset of autumn. With the changing colors and cooler nights comes the fifth annual **Culpeper Harvest Days Farm Tour,** held on October 5 and 6 from 10 a.m. to 4 p.m. This year's event will be bigger and better than in the past.



Farm, Inn at Kelly's Ford, Legacy Ranch, Meadowdean Farm, Morningside Farm & Nursery, Mystic Hill Farm, Old House Vineyard, Unicorn Winery, and Wollam Gardens.





Come out and roam the 16 sites featured this year. Our Welcome Center will be held at the Culpeper Farmers' Cooperative, Inc. New this year, is a Farm Tour Farmers' Market Section at the Welcome Center. Vendors will have items for sale during the tour, so stop by for something fresh from the farm. A quick list of the sites: Belle Meade Farm, Blue Ridge Growers, Cibola Farm, Croftburn Farm, Dominion Wine Cellars, Funny Farm Inn, Glengary Christmas Tree



This year's extravaganza brings a new twist to farming. Treat yourself and your family to an event where they will be able to enjoy the beautiful fall scenery in the foothills of the Blue Ridge Mountains. During your visit, we encourage you to stop, shop and visit our shops and restaurants, as well as our hotels here in Culpeper.

For more information on the farm tour or to get copies of the brochure, please call 540-727-3410 or 800-793-0631. Visit www.culpeperag.org

See you during the Farm Tour October 5 & 6!

Culpeper Regional Airport (CJR) is Community Oriented by Tanya B. Woodward



This was the Airport's third year in assisting with the "For a Child's Health" event held at the Culpeper County Library.

The Airport provides the coordination with the INOVA AIRCARE helicopter which is present for the event. The event allows children to get up close to rescue personnel and their equipment so that in the event of an accident, children won't be afraid.

Susan Keller, our Library Director, does an outstanding job every year with this event and we hope that she continues to allow us to be a part of the festivities.

NASCAR racers, Ward Burton and his brother Jeff, have visited Culpeper on two separate occasions over the past two months. You never know who you might run into at CJR. Both racers were very personable and willing to sign autographs for their fans.





WARD

CJR continues to welcome groups of interested parties that would like a tour of our facility. On the average we host at least one group a month and encourage anyone interested to email us, twoodward@co.culpeper.va.us, or give us a call 1-540-825-8280. People of all ages can find enjoyment in the marvels of flight.

Dont forget about our AIR FEST 2002

Saturday, October 12, 2002 10:00 a.m.— 4:00 p.m. r Show, Food, Antique Cars, Bal

Air Show, Food, Antique Cars, Balloon Animals, Young Eagles flights and much more.

FREE fun for kids of all ages
For more info check out our website



www.culpepercounty.gov/

Abandoned Vehicles and Illegal Dumping

The Culpeper Garden Club has had an ongoing involvement in the Adopt-a-Highway program since 1992. This program, a function within the framework of the Virginia Department of Transportation (VDOT), now has 9000 groups scattered across the Commonwealth engaged in "litter prevention".

A major present emphasis in the Garden Club is to encourage citizens/families in the Town and County of Culpeper to keep their properties clean and attractive, especially giving atention to the accumulation of solid waste (not just paper waste but all discarded items) and abandoned vehicles on or around their properties.

The Garden Club would like to call attention to an upcoming event that should claim the interest of all citizens "THE GREAT STATE TRASH OFF", scheduled for Saturday, September 14, 2002. More news about this one-day blitz will be coming from our local news media!

Culpeper is a beautiful spot in Virginia's garden. We, the citizens, are the people who can keep it that way!

The Culpeper Garden Club





CULPEPER COUNTY ABANDONED VEHICLE PROGRAM

DID YOU KNOW THAT IF YOU HAVE EVEN ONE UNCOVERED, INOPERABLE, UNLICENSED JUNK VEHICLE ON YOUR PROPERTY, YOU ARE IN VIOLATION OF COUNTY ORDINANCES

YOU CAN HAVE YOUR JUNK VEHICLE HAULED AWAY AT NO CHARGE. PLEASE CALL 540-439-8099

to arrange to have your junk vehicle hauled away.

Sponsored by DMV Abandoned Vehicle Program.





Abandoned vehicles and dump sites photographed in the County.

Culpeper County Library

http://tlc.library.net/culpeper 540-825-8691



FRIENDS News - Missing Oprah? Try our **Third Thursday Book Discussion Group**. The book discussion group meets at 9:30 a.m., and another session meets at 7:00 p.m., in the Library Conference Room. A new book is discussed each month. The list of books is in the Friends' display at the circulation desk.

Head off to jolly old England October 22 through October 31, 2002. Join the Friends of the Library on their Jane Austen/Thomas Hardy tour of southern England! Sign up soon as space is limited to 24 people. Call Cheryl at Battlefield Travel for more information at 825-1393. There is also information available at the Library on the Friends display.

Annual Meeting and Dedication of Leaves to the Friends Giving Tree - Join us Tuesday, September 17 at 7:00 p.m. to learn more about the Friends of the Library. Dedicate a leaf in memory or in honor of someone special. September is the month that the Friends officially dedicates the leaves. More information on the Giving Tree is available at the circulation desk.

Bookstore Hours: Monday 10:30 a.m. - 12:30 p.m.

Thursday 5:00 p.m - 7:00 p.m. Saturday 11:30 a.m. - 1:30 p.m.

Donations of new or used books are accepted during all regular library hours.

If you would like to volunteer to work in the Book Store, please call Marian at 937-5932.

"Apple Pie Perfect" by Ken Haedrich



The very first cooking demonstration for the Culpeper County Library and the Friends of the Library will be held on October 1 at 7:00 p.m. Join us for a fun filled, informative evening with Ken Haedrich, cookbook author, Julia Child Cookbook Award winner, and cooking teacher, who has appeared on *Good Morning America*. Tickets will go on sale September 16. Ken will demonstrate how to make the perfect, round, fail-proof crust; what sort of apples make the best pie and many other secrets. Apple Pie Perfect, his latest book, will have just been released in September and will be available for autographing and for sale.



Toddler and Pre-School Storytimes

There will be 2 six-week Fall Storytime Sessions this year for Toddlers (ages 2-3) and Pre-schoolers (ages 3-5). Registration for the first session will start on September 10, 2002, and that session will run from September 17 through October 22. The next session will run from November 12 through December 17, with registration for the second session beginning on November 5. Registration will be IN PERSON ONLY.

Other activities for the children will be planned for this fall. To keep informed of these and other exciting events, please visit our website at http://tlc.library.net/culpeper and watch both newspapers.





Don't forget to check out our **videos**. The library has classic feature films, lots of educational videos such as how to wallpaper, stonemasonry, others on family, health, and exercise, plus many, many more for both children and adults. And our latest addition is a small, but growing collection of **DVDs** for both children and adults. The library purchases only educational videos and DVDs, but we accept and add to our collection all types, especially feature films.

Culpeper County Parks and Recreation Fall Programs

We have moved!! Our new location is 155 West Davis Street, Suite 100 (beside Culpeper Volunteer Fire Department)

www/culpepercounty.gov 540-727-3412

We, at the Parks and Recreation Department, would like to welcome **Jason Cook**, our new Parks and Recreation Facilities Supervisor. Jason is a recent graduate from York College of Pennsylvania with a Bachelor's Degree in Recreation and Leisure Administration with an emphasis on Therapeutic Recreation.

Adult Volleyball

Come on out and join the fun! It is time to increase your fitness and meet new people. Let's play some VOLLEYBALL! Mondays, 6:30pm – 8:30pm

Sept. 9 – Nov. 4

Lead Volunteer: **Kevin Mozingo**Location: Culpeper High School Gym

Fee: \$30 per person

Dog Obedience

Do you have a new puppy that is in need of some manners training? What about an older dog that could use a refresher course? We offer two different classes for all of your doggy needs.

A. **Puppy Basic** – This class teaches basic commands, socialization and dog attention. Recommended for puppies.

Tuesdays, 10:00 am - 11:00 am

Sept. 10 - Oct. 15

Fridays, 6:30pm - 7:30pm

Sept. 13 - Oct. 18

B. **K-9 Good Citizen** – This class will give you 10 steps to help your dog gain confidence and control.

Tuesdays, 11:00am - noon

Sept. 10 - Oct. 15

Fridays, 7:30pm – 8:30pm

Sept. 13 - Oct. 18

Instructor: Betty Ann Howell

Location: 303 N. Main Street, 2nd Floor

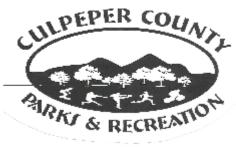
Fee: \$55 per dog participant

American Heart Association CPR (Adult)

Class focuses on chain of survival, choking, and symptoms of a heart attack. Perform the actual skills of CPR. Thursday, Oct. 3 6:00pm – 9:30pm *Instructor:* **Verna Mae Bretschneider** *Location:* Culpeper Library Meeting Rm.

Fee: \$25 per person

Note: Book and Certification Card Inclunded



American Heart Association CPR (Infant/Child)

Class focuses on chain of survival, choking and prevention of accidents. Tuesday, Oct.15, 6:00pm – 9:30pm *Instructor*: **Verna Mae Bretschneider** *Location*: Culpeper Library Meeting Rm. *Fee*: \$25 per person

Note: Book and Certification Card Included

American Safety Health Institute (ASHI) First Aid and Safety

Topics to be discussed are heart attack, stroke, diabetes, seizures, severe bleeding and more. Practical experience will include splinting, bandaging, choking recovery and more.

Monday and Tuesday, Oct. 28 and 29 6:00pm – 8:30pm

Instructor: Verna Mae Bretschneider Location: Culpeper Library Meeting Rm.

Fee: \$25 per person

Note: Book and Certification Card

Note: Book and Certification Card Included

Signing For Kids

Ever want to learn the art of sign language? Well here is your chance for you and your friends ages 8-12 to learn. Mondays, Sept. 9-30 6:00pm-7:00pm

Instructor: Sue Fincham

Location: Open Door Baptist Church,

Rt. 3 Fee: T.B.A Advance your sign language skills even more. Some signing experience required, please call if you have any questions. Tuesdays, Sept. 3 – Oct. 29

7:00pm – 8:30pm. (No Class Oct. 15)

Instructor: Sue Fincham

Location: Open Door Baptist Church,

Rt. 3

Fee: \$31 per person

Sign Language

Adult Cardio Kickboxing

An exciting choreographed interval workout using blocks, punches, kicks and combinations to achieve cardiovascular conditioning, stamina, strength, improved flexibility and motor coordination.

Thursdays, Sept. 12- Oct. 31,

6:00pm – 7:00pm Instructor: Julia Peck

Location: Community Room, 303 N.

Main St., 2nd floor. *Fee*: \$40 per person

Wine Seminar

Come experience the elegance and wonders of the wine world with **Prince**

Michel De Virginia Winery and

Restaurant. This will include a complete tour of the wine making process from vine to bottle, proper tasting technique, and discussion on the differences of wine. After the tour a tasting of selected wine and hors d'oeuvres will be provided.

*Special Note: All participants must be 21 years of age to attend.

Saturday, Sept. 14

Time: Will be provided upon registration

Instructor: Neil Williamson, Dan Layman, and Laura Thoreson

Location: Prince Michel De Virginia

Winery & Restaurant *Fee*: \$30

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Parks and Recreation Fall Programs cont'd

Firearm Safety

Designed so participants will understand safe management, proper use and operating parts of hand held firearms. The class is open to participants ages 13 and above (13 to 17 years of age must be accompanied by a parent). Education is the best prevention!

Time: Tuesday and Wednesday 6:00pm-

10:00pm, Octoer 1-2

Saturday, 9:00-noon then 1:00pm-4:00pm, October 5.

Location: Directions will be provided upon registration at Parks & Recreation. Instructor: Bill Marsh, V.A. Hunter Education, 4-H Firearm Safety Instructor, Training Counselor Instructor for the N.R.A., and an instructor for the N.R.A.'s in home personal protection class.

Fee: \$12 per person.

Beginning Guitar 2

Take this class and learn the advanced methods of playing the guitar. You will learn chord patterns, strumming techniques, music theory and more.

(Some experience is required, contact Parks and Recreation at 549-727-3412 for more info).

Mondays, Sept. 23 - Oct. 28

6:30pm - 8:30pm

Instructor: Darcy Canton

Location: Sycamore Park Elementary. Fee: \$50 per person, own guitar is

required!!!

Black and White Photography

Class focuses on basic photography practice, lighting and developing of photos. You will even have two classes in the darkroom!

Mondays, Sept. 30 - Nov. 4

7:00pm - 8:20pm

Instructor: Brian Ashdown

Location: 303 N. Main Street, 2nd Floor

Fee: \$50 per person

Special Note: Participants must have their own 35mm camera with manual focus lens. Also be prepared to purchase Black and White film for photography projects.

Parks and Recreation Office: 540-727-3412

Advanced Photography

Class continues the instruction of beginning black and white photography and takes you and the art to a whole new level. Beginning photography knowledge is a prerequisite. Mondays, Sept. 30 - Nov. 4

8:30pm - 10:00pm

Instructor: Brian Ashdown

Location: 303 N. Main Street, 2nd Floor

Fee: \$50 per person

Special Note: Participants must have their own 35mm camera with manual focus lens. See Clas Description Sheet for More Information

Swing Dance

Does the music of the big band era get your feet stomping and your head bobbing? We have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or a family member. It promises to be fun! Wednesdays, Sept. 18 - Nov. 6

7:00pm - 8:00pm

Location: 303 N. Main Street, 2nd Floor

Instructor: John Gentile

Fee: \$40 per person (10% discount offered to pairs)

Ballroom Dance

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the worlds' finest ballrooms. Try the Waltz, Cha-cha, Rhumba and Fox Trot, along with many others. Wednesdays, Sept. 18 – Nov. 6

8:05pm – 9:05pm

Location: 303 N. Main Street, 2nd Floor

Instructor: John Gentile

Fee: \$40 per person (10% discount

offered to pairs)

Country Western Dancing

Have you always wanted to learn how to do the country two step and country waltz? Come out and try the fun filled class of country specialty dances. Wednesdays, Sept. 18 – Nov. 6

9:10pm - 10:10pm

Location: 303 N. Main Street, 2nd Floor

Instructor: John Gentile

Fee: \$40 per person (10% discount offered to pairs)

Introductory Yoga

Learn about the many benefits of yoga. Learn to manage stress, reduce tension, and enhance oxygen intake. Wednesdays, Oct. 2 - Nov. 6.

4:00;m-5pm.

Location: A.G. Richardson Elementary

Instructor: Margaret Leary

Fee: \$38 per person

Adult Basketball

Ages 18 and up are invited to participate in this weekly pick-up style gathering. It provides a lot of fun and a variety of competition. Proof of age (ID) required upon registering.

Wednesdays, Sept. 18 - Nov. 6 Flight I: Age 18 – 24 will meet from

5:45pm - 7:40pm

Lead Volunteer: Quintin Noakes

Flight II: Age 25 and up will meet from 7:50pm - 9:45pm

Lead Volunteer: Chris Snyder

Location: Culpeper Middle School Gym

Fee: \$30 per person

Ballet, Tap, and Jazz

Instruction and monthly fee varies with each class. Registration will be held at 303 N. Main St., 2nd Floor, on Friday, August 16^{th} from 4:00pm - 7:00pm.

Instructor will contact those who have questions.

A. Ballet: ages 13 yrs and up Monday, Sept. 9, 5:15pm – 6:15pm

*B. Jazz & Tap: ages 13 yrs and up Monday, Sept. 9, 6:15pm – 6:45pm *Must take Monday 5:15 class to participate in this one.

C. Ballet, Tap, & Jazz: ages 8-9 yrs Tuesday, Sept. 3, 5:30pm – 7:00pm

D. Ballet, Tap, & Jazz: ages 10 - 12 yrs Tuesday, Sept. 3, 7:00pm – 8:30pm

*E. Ballet Workshop: ages 13 yrs and

Wednesday, Sept. 4, 5:15pm – 6:15pm *Must be taken in accord with Monday class.

F. Ballet & Tap: ages 4-5 yrs Saturday, Sept. 7, 11:00am – noon G. Ballet & Tap: ages 6-7 yrs Saturday, Sept. 7, 12:45pm – 2:00pm

Parks and Recreation Fall Programs cont'd

Golden Harmony

A fun workout program that will get your blood flowing and muscles working! Program uses light weights, chair exercises, hand movements and lowimpact aerobics.

Class is ongoing through May. Mondays and Wednesdays

9:45am – 10:45am, Sept.16 – May 16 *Location*: 303 N. Main Street, 2nd Floor

Instructor: Maggie Corradi Fee: \$4 per person per class

Driver Improvement Course

Learn some defensive driving techniques and lower your insurance cost at the same time. Sign up today and help make our highways safer. Call the Culpeper Driving School at 825 – 2544 for registration.

Saturday, Oct. 12, 8am – 5pm Location: 129. E. Davis St. Suite 150

Instructor: Rusty Jenkins

Fee: \$75

*Special Note: Fee is paid through Rusty Jenkins at the Culpeper Driving School.

Art for the Younger Years

Give your children the opportunity to develop their artistic side and yourself a chance to shop for that ever-important holiday. Help your children's imagination come to life. Sign up today. Thursdays, Oct. 17 – Nov. 21

4:30pm - 5:50pm

Location: 303 N. Main St. 2nd Floor

Instructor: Kelly Taylor Fee: \$35 per person

Culpeper Road Runners

Meet new friends and put some **SOLE** between yourself and the road. The Culpeper Running Club allows beginners and advanced runners to train in a social setting. For more information stop by or register by mail. Currently the cost is free, and the meeting time and place will be announced at a later date. Come out and train with us!!!

Time: T.B.A Location: T.B.A Fee: T.B.A.

PC Adventures

Have you ever watched your kids fly through computer programs like they were candy, and you were unsure of where to begin? Well put those days behind you and hop on the information super highway. This course will give you a basic understanding of the Microsoft Office package and basic computer skills. (Minimal computer experience is required).

Monday - Thursday Oct. 28 - 31

6:00pm - 7:30pm

Location: Social Services Bldg. 2nd floor

Instructor: Aaron Grace Fee: \$25 per person

Attention!!!! Is there anyone out there who likes to play ultimate frisbee or knows of someone who does? If so, please contact the Parks and Recreation office so we can develop a league. Simply leave your name and number.

Parks and Recreation 540-727-3412

Information on Your County Parks

Spilman Park, located in a relatively pristine area of Jefferson District on Route 621, has undergone several renovations. These modifications include a park entrance identification sign, an iron rod fence bordering the lone standing chimney, and a wood split separating rail fence multipurpose field from Route 621. Along with this, the Parks and Recreation Department envisions future enhancements to include the paving of the park entranceway and parking lot, constructing a walking trail and ADA accessible trail, and general preservation of the park area.

For More Information on Culpeper County Parks and Recreation please visit our website at: www.culpepercounty.gov/ParksNRec Old A.G. Richardson Park, located behind the Human Services building off Old Fredricksburg Road, received a much-needed waterline for irrigation of the multipurpose field. The site will also feature a new pair of soccer goals for practice or organized games.

Both parks are available by reservation for picnics and other functions. The Parks and Recreation Department offers a "Picnic Sport Pack", filled with sporting equipment and games, for a small rental fee and refundable deposit. For more information, or to reserve the pavilion at Spilman or field at Old A.G. Richardson, please contact the Parks and Recreation Department at **540-727-3412**.

!! SPECIAL THANKS !!

In past months, Healthy Culpeper Teen Subcommittee prepared and distributed a one-question questionnaire to both high school and middle school teens. The survey asked the teens what activity they would like made available for teens.

To ensure a high return rate, several businesses were contacted. These businesses donated prizes of gift certificates. The Teen Subcommittee wishes to acknowledge the following businesses:

Café Fairfax Wal-Mart Ruby Tuesday's

Their community support has been greatly appreciated!

A County Partnership Emerges

A winning partnership between Culpeper County Parks and Recreation and Kid Central blossomed under a bright summer sky. Throughout the summer of 2002 both County departments teamed up to enhance Kid Central's summer camp and create a pilot teen program.

Nothing captures the essence of summer like a day at camp. Remember the friendships, the heat, the blockbuster movies, poison ivy, your first fishing trip and of course all those zany counselors?

"We've averaged about 180 kids a week this summer," said Susan Hensley, Kid Central's coordinator. "Our primary mission was to provide the kids with fun activities in a safe setting throughout the summer from June 10th through August 16th. The Parks and Recreation staff added a new dimension to our camp."

The camp's four-person team from Parks and Recreation was on site to provide sports and crafts for the children. The team included Marshall Conner, Brittany Combs, Sarah Crossman and Jessica Shaver.

"We were there to provide the kids with organized sports, games and crafts, but we also did many other jobs. I coordinated the teen program and organized sports. Sarah organized sports and lifeguards. Jessica coordinated sports and lots of great games, while Brittany was in charge of crafts," said Conner. "This partnership between Parks and Recreation and Kid Central enhanced an already fine program. Our staff really enjoyed working with the kids this summer."

This summer Kid Central put a superhero spin on summer camp fun by offering children ages 5-12 a wealth of exciting activities.

The children were subdivided into age groups with rousing superhero names such as Spidermen, Batmen, Supermen and of course Wonder Women. Capes and tights aside, it provided fun amid the dog days of summer.

In addition to trips to such giggle-inducers as Kings Dominion and Splashdown Water Park camp participants enjoyed a multitude of activities that teach leadership, social skills, and organized sports, all with a healthy dose of fun.

Kid Central summer camp was based at Pearl Sample Elementary School June 10th-August 16th.

A teen-centered program grows from summer partnership

Another benefit of a Parks and Recreation/Kid Central pairing has been the development of not only a teen summer camp, but also a teen after-school pilot program designed to meet the needs of Culpeper County.

As national and state studies have shown, the hours between the conclusion of the school day and 5:30 p.m. is a critical time for middle school-aged children. Statistics have shown that teenagers are more likely to try drugs for the first time, experiment with sexuality, commit crimes, or simply wallow in boredom during this time period. What a child does during these hours can make a world of difference.

Exciting alternatives coupled with the chance to mature in a safe healthy setting are one solution to this nationwide problem.

This year's Parks and Recreation and Kid Central partnership began with the creation and implementation of a summer enrichment camp for middle school aged teenagers. The partnership idea was designed to ease the burden of teens entering early adulthood, while providing parents with peace of mind.

Culpeper County Parks and Recreation and Kid Central, a Culpeper County Department of Social Services (DSS) funded after-school program, have pooled their resources to provide a teen afterschool pilot program. This provides teenagers enrolled not only in summer camp, but other interested middle school students, with an exciting mix of sports, volunteerism, arts and educational activities.

"Our summer program was fast-paced and fluid so it appealed to teenagers," said Marshall Conner, sports coordinator for Kid Central and activity coordinator for the teen Rock On Culpeper (R.O.C.) summer program. "Over the course of the two-month program our 26 teenagers took countless local trips and explored the Town of Culpeper and beyond." According to Conner, the after-school program will hopefully provide teenagers with ideas and concepts that may channel them towards a career or academic goal.

Partnership for the future

The next chapter of the Parks and Recreation/Kid Central partnership is an initiative centered on developing a teencentered (grades 6-8) after-school program for the upcoming year.

This summer's teen camp program is merely the beginning of a more comprehensive program that will begin this fall.

"Starting this school year we will provide middle school-aged students with a complete program that will have a campus-like approach," said Conner. "Through ideas gathered from this year's teen summer camp, Rock On Culpeper and Healthy Culpeper's Teen Subcommittee we believe that we will be able to offer a nice blend of enriching activities for teens."

A name is still evolving for the teen afterschool program. This fall, teen members of Healthy Culpeper's Teen Subcommittee will christen a brand new name for the club prior to the start of school. Possible activities will include: music, art, self-esteem, cultural awareness, drama, cooking, nutrition, languages, science projects, 4-H activities, sports and education-based activities.

Initial plans will allow teens to choose from two subjects or interest areas that will allow them to explore a variety of interests.

"The best part about this teen program is that it fills a critical need in our community," added Conner.

Culpeper Parks and Recreation Fall 2002 Registration Form

How to Register By Mail

Complete a registration form and mail with payment to Culpeper County Parks and Recreation, 155 West Davis Street, Suite 100, Culpeper, Virginia 22701. Please include a self-addressed, stamped envelope for registration confirmation.

Walk-In

Registration will be accepted at the Parks and Recreation office, at 155 West Davis Street, on the first floor, Suite 100, 8:00am to 5:00pm, Monday through Friday (except holidays).

Additional Registration and Program Information

Registrations:

- Registrations are welcome upon distribution of class information.
- walk-in registrants will be given priority over mail-in registrants.
- Telephone registrations will *not* be accepted.

Refunds:

- A pro-rated refund (less \$3 processing fee) will be issued if Parks and Recreation Department has been notified by the first class date.
- Refunds for one-day activities and all bus/van trips are not possible during or after the event. Full bus trip refunds are given if substitute(s) can be found before the trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Full refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: WCUL, 103FM, WCVA, 92.5 AM, WGRQ, 95.9 FM and WGRX, 104.5 FM.

Parks and Recreation Registration Form

NameAddress		Date of Birth	
Home PhoneE-mail		Work Phone	
Emergency Contact		Phone	
Program Name	Day	Time	Cost

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant, or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of actions, claims, and demands of every kind of nature whatsoever that I and/or the participant have or which arise from, or in connection with, my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to transport the participant to and from the event when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment, and agree to allow for immediate first aid to the injured participant if and when deemed necessary.

Participant, Parent, Guardian Signature	Print Name	Date

Culpeper Parks and Recreation, 155 West Davis Street, suite 100, Culpeper, Virginia 22701 Phone: (540) 727-3412, Fax: (540) 727-2802, Website: **www.culpepercounty.gov**

CULPEPER MINUTES

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www.culpepercounty.gov email:

dhoffman@co.culpeper.va.us

Do Your Children Have Health Insturance?

Do your children have health insurance? The Commonwealth of Virginia has a new program for working families who want to provide health insurance for their children, but are unable to pay the expensive premiums often associated with private or employer-based insurance. This program, called Family Access to Medical Insurance Security, or simply FAMIS, was created to help the working people of Virginia - from teachers to secretaries, from deputies to social workers. It was designed to help families who earn too much for their children to qualify for Medicaid, but are still unable to afford the high premiums of private health insurance.

FAMIS is not a health insurance plan, but it provides access to a health insurance plan from a private company. The health insurance plan covers all of the following services and more:

- ✓ Doctor visits
- ✓ Well-baby checkups
- **✓** Hospital visits
- ✓ Vaccinations
- **✓** Prescription medicine
- ✓ Tests and x-rays
- ✓ Dental care
- **✓** Emergency care
- ✓ Vision care
- ✓ And more!

The costs associated with FAMIS are minimal. Currently, the state has suspended monthly premium payments, leaving families responsible only for the co-payments associated with visits to doctors, prescription medicine, etc... The co-payments are small – currently ranging from \$2.00 to \$5.00 for visits to doctors and prescriptions and \$15.00 to \$20.00 for hospitalization.

For more information, and to find out if your children may be eligible for FAMIS, please call Healthy Culpeper at 727-7728.

To apply for FAMIS over the phone, dial 1-866-87FAMIS.

Andrew Ballard,
 Healthy Culpeper